

Cookstown High School Main Hatch

Week Beginning Oct 7, Oct 21, Nov 4, Nov 18, Dec 2, Dec 16, Dec 30, Jan 13, Jan 27, 10 Feb

Mondau

Tuesday

Wednesday

Thursday

Friday

Chicken Curry & Rice Meatballs in Tomato Sauce Chicken & Ham Pie

Peas/Carrots Mashed Potato Chips

Fruit Salad Grapes Shortbread Savory Mince Roast Chicken & Gravy Stuffed Bacon Roll

Baton Carrots Diced Turnip Mashed Potato

Cookies Fruit Salad Melon Slice Homemade Chicken goujon Chicken Curry & Rice **Baked Potatoes**

Salad Selection Peas **Beans** Mashed Potato

Jelly Pots Ice Cream Fruit Selection Pasta Bolognaise Chicken Stir-Fry Roast Pork & Stuffing

Broccoli **Baton Carrots** Roasties Mashed Potato

Tray Bakes Fruit Salad

Breaded Fish Pepper Chicken & Rice Oven Baked Sausages

Peas Beans Chips Mashed Potato

Frozen Mousse Oat Biscuits

FLAVOURS OF THE WORLD











Monday



Chicken Alfredo & Linguine

Tuesday



Beef Burrito Box & Tortilla Chips

Wednesday



Fragrant Thai Red Chicken Curry with Basmati Rice

Thursday



Chicken Korma with Basmati Rice & Mini Naan

Friday



Peri-Peri Chicken with Portuguese Charred Veg & Spicy Rice

GRAB & GO

Our Grab and Go selection features hot and cold options, including fresh sandwiches, baguettes, rolls, wraps and burritos

We also have fresh salad & pasta boxes and a selection of desserts from muffins and biscuits to hot sweet treats.



Why not try a bowl of our freshly made soup, with a tasty roll on the side.

We also have baked potatoes available with a variety of delicious fillings.

So much choice with Let's Eat from EA Catering



Cookstown High School Main Hatch

Week Beginning Oct 14, Oct 28, Nov 11, Nov 25, Dec 9, Dec 23, Jan 6, Jan 20, 3 Feb

Mondau

Tuesday

Wednesday

Thursday

Friday

Chicken Tikka & Rice Beef Lasagne Grilled Bacon

Peas / Carrots Mashed Potato Chips

Melon Slice Grapes Shortbread Irish Stew Chicken Crumble Stuffed Chicken+Bacon

Baton Carrots Broccoli Mashed Potato

Chocolate Cake

Chicken Curry & Rice Homemade Chicken goujon Roast Chicken & Gravy

Salad Selection Peas Mashed Potato

Cookies Fruit Salad Beef Teriyaki & Noodles Pasta Bake Baked gammon & Stuffing

Savoy Cabbage Baton carrots Roasties Mashed Potato

Oat Biscuits Tray Bakes Salt/Chilli Chicken Breaded Fish Oven Baked Sausages

Beans Salad Selection Chips Mashed Potato

Ice Cream
Fruit Selection

FLAVOURS OF THE WORLD











Monday



Pesto Pasta with Chicken

Tuesday



Crispy Chicken Sriracha Flatbread

Wednesday



General Tso's Chicken with Noodles or Rice

Thursday



Chicken Bhuna with Basmati Rice & Mini Naan

Friday



Peri-Peri Chicken Deli Roll, Garlic & Herb Mayo

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